


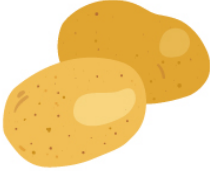








LOW PROTEIN

Food

 <p>Apples</p>	<p>1 gram (1 serving)</p>	 <p>Pasta</p>	<p>2.9 grams (2 oz)</p>
 <p>Bananas</p>	<p>1 gram (1 serving)</p>	 <p>Potato</p>	<p>3 grams (5.3 oz)</p>
 <p>Beetroot</p>	<p>1.7 grams (3.5 oz)</p>	 <p>Potato Chips</p>	<p>2 grams (1 oz)</p>
 <p>Bread</p>	<p>2.7 grams (1 slice)</p>	 <p>Pretzels</p>	<p>2.9 grams (1 oz)</p>
 <p>Cabbage</p>	<p>0.3 grams (1 leaf)</p>	 <p>Turnip</p>	<p>1.1 gram (1 medium)</p>