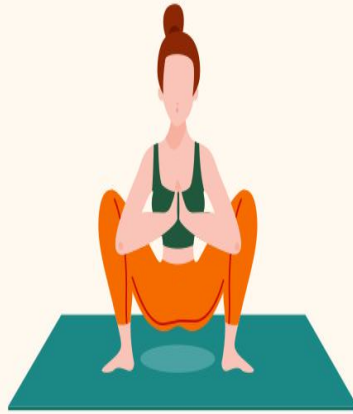




SEATED TWIST



YOGI SQUAT

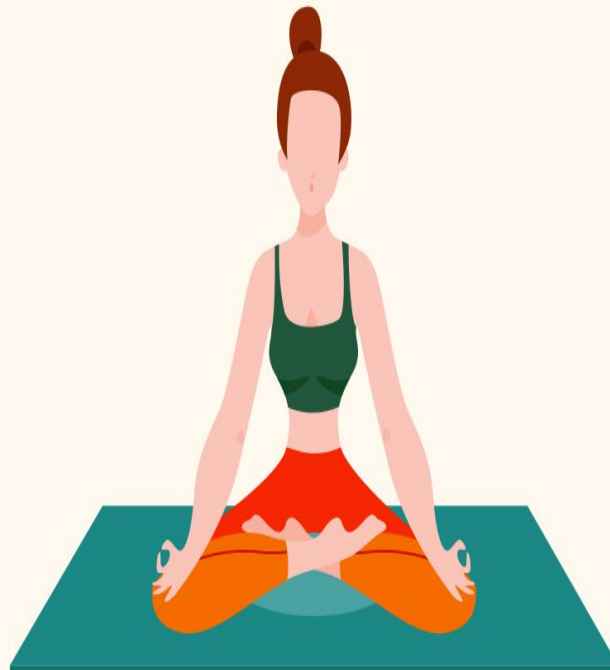


WARRIOR 3

Yoga Pose



PYRAMID POSE



LOTUS POSE



WARRIOR 1



DOWNWARD DOG



COBRA POSE



CHATURANGA