

Vitamin Food Chart

A



B12



B



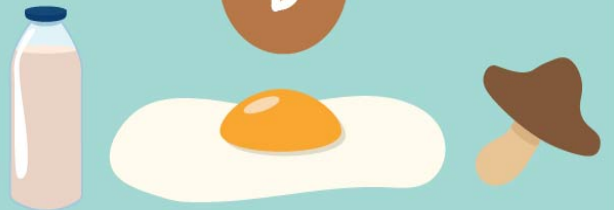
C



B1



D



B2



E



B6



K

