DAILY DIABETES LOG

Week of :

DAY	Fasting Blood Sugar		Med/ insulin	Lunch Blood Sugar		Med/ insulin	Dinner Blood Sugar		Med/ insulin	Before Bed Blood Sugar	Med/ insuline	COMMENT Diet, exercise, sickness, stress
	Before	After		Before	After		Before	After				
MONDAY												
TUESDAY												
WEDNESDAY												
THURSDAY												
FRIDAY												
SATURDAY												
SUNDAY												