

# Nutrition

## Word Search

U A I I E E V K Q T T A A P Y A L  
C S T I U R F N I E T O R P M M R  
S T N E I R T U N G R A I N S I E  
T R A S N I M A T I V C Y Y O N T  
F E A C T E K I I W J F R Q U E A  
A N F E L O R E T S E L O H C R W  
T G B Z O V E G E T A B L E S A C  
I T B C S M P M Y O L K A I P L A  
P H P T I I U R E B I F T W O S L  
Y C N E I C I F E D S O D I U M O  
N O I T S E G I D A I R Y H O F R  
P F A S U P M U I C L A C I P S I  
N A R N L S N U T R I T I O N T E  
Z B W C T N E E Q E J M S J P N S

Nutrition

Fiber

Vegetables

Energy

Nutrients

Sodium

Calcium

Fruits

Minerals

Vitamins

Cholesterol

Protein

