

30 Day Savings Challenge



1. Examine Your spending	2. Set up a zero-based budget	3. Eliminate extra auto-renews	4. Eliminate non-necessities	5. Chat about saving money	6. Automate your savings	7. Automate your bill payments
8. Use a cash-back credit card	9. Budget for the bigger things	10. Change your bills to annual	11. Avoid banking fees	12. Compare interest rates	13. Take advantage of 401K	14. Adjust your deductible/premium
15. Plan meals using what you have	16. Don't waste your food	17. Cook your meals at home	18. Learn to look for coupons	19. Don't miss getting refunds	20. Shop second-hand	21. Be creative with your dates
22. Join a buy nothing group	23. Join BST and swap groups	24. Unroll your sales emails	25. Switch to reusable products	26. Sell some of your stuff	27. Buy discounted gift cards	28. Create your own planner
29. Sell your old clothes for cash	30. Program your thermostat	Notes				