

# DEEP CLEANING HOME CHECKLIST

## Entire Home

- Dust and vacuum**  
Hard-to-reach ledges, windows, light fixtures and above cabinets
- De-scale faucets / showerheads**  
Remove white calcium build up with vinegar
- Clean out aerators**  
Unscrew from faucets and soak in vinegar
- Clean sinks**  
Use scouring powder to remove stains
- Remove and clean vent covers**  
Wipe with a dryer sheet to prevent dust build up
- Mop floors**  
Use 1 cup vinegar and 1 gallon hot water
- Wipe down ceiling fan blades**  
While you're up there, look for cobwebs in the corners of rooms
- Spot clean stains on carpet and upholstery**  
Steam clean larger stains
- Wipe finger prints and smudges of doors and doorframes**  
Don't forget the baseboards
- Clean garbage cans, recycling bins and wastebaskets**  
Soak hard crud with hot soapy water and scrub
- Replace air filters**  
Date the new filters
- Clean blinds**  
Spray with vinegar and wipe
- Vacuum couch and cushions**  
Move furniture to vacuum underneath and around
- Clean cabinets / drawers**  
Remove debris and wipe out with disinfectant

## Kitchen

- Clean oven & wire racks**  
Soak racks in soapy water then scrub. Use oven cleaner or a baking soda/water paste to scrub interior
- De-grease stovetop, hood fan/filter, pot grates**  
Use hot soapy water and don't forget the knobs
- Clean microwave**  
Use hot soapy water or disinfectant spray
- Empty and clean refrigerator / freezer**  
Toss expired items and wipe fridge shelves with wet rag
- Clean appliances**  
Wipe down with disinfectant spray
- Clean dishwasher**  
Run on empty with ½ cup vinegar and baking soda

## Bathroom

- Scrub grout**  
Baking soda and toothbrush work great
- Launder shower curtain (if washing machine safe)**  
If not, use a mild bleach solution and scrub
- Clean toilet**  
Don't forget the top of tank, the base and behind toilet
- Clean toothbrush holder**  
Don't forget the soap dish too
- Scrub tub**  
Polish faucets and showerhead
- Clean mirror with glass cleaner**  
If you have a medicine cabinet, clean and organize that too