

Printable Food Trivia



BEER TRIVIA



When the monks in the Middle Ages fasted, they were still allowed to drink beverages. And their favorite??...beer of course! What was the legal amount of beer each monk was allowed to drink a day? A quart? A liter? Or over a gallon?

As all the brewers here know, a great deal of chemistry and biology goes into brewing a good beer. What is the terminology of the study of fermentation? Is it...?

- 1) Zymurgy
- 2) Etymology?
- 3) Beerology?

In ancient Egypt, how was beer used in constructing the Great Pyramids of Giza? In fact, without it, the Pyramids would not have been built. Was it used to....

- 1) Mix with sand to create a primitive grout? was it...
- 2) Payment to the millions of workers? or did it...
- 3) Help to finance the project?

How many different ways of transporting beer can you think of? Bottles...glass...cans...kegs. Well in China, what unique way can you buy and transport beer?

- 1) In a plastic Buddha statue?
- 2) In a plastic bag like you get from Wal-mart? or
- 3) In an empty plastic milk jug?

Beer that goes bad can ruin a party. Fortunately, science can help you prevent such disasters. Though many people blame age or prolonged refrigeration for a bad beer's "skunked" taste, what is the actual cause of a spoiled brew? Is it

- 1) Bacteria?
- 2) Does gingivitis cause the "skunked" taste? or
- 3) Is it from too much exposure to light?

Answers

- 1: Over a gallon
- 2: Zymurgy
- 3: Payment to workers
- 4: Plastic bag
- 5: Light

Choose the best answer for each statement.

1. What must food handlers do after touching their hair, face, or body?
 - a. wash their hands
 - b. take a shower
 - c. change their aprons
 - d. use a hand antiseptic
2. What should food handlers do after preparing food and before using the restroom?
 - a. Wash their hands
 - b. Take off their hats
 - c. Change their clothes
 - d. Take off their aprons
3. Which piece of jewelry can be worn by a foodhandler?
 - a. Diamond ring
 - b. Medical bracelet
 - c. Plain metal band
 - d. Watch
4. Foodhandlers should keep their fingernails:
 - a. short and unpolished
 - b. long and painted with nail polish
 - c. long and painted with nail polish
 - d. short and painted with nail polish
5. Hands should be washed after:
 - a. using the restroom
 - b. touching the hair, face, or body
 - c. taking off an apron
 - d. all of the above
6. The five main kitchen hazards are:
 - a. food, juice, meat, poultry, and fish
 - b. falls, cuts, electrical shock, burns, and poison
 - c. showers, sinks, bathtubs, counters, and floors
 - d. cabinets, drawers, cutters, appliances, and microwaves
7. The people who are most at risk for food poisoning are:
 - a. teenagers, infants, and women
 - b. senior citizens, adolescents, and boys
 - c. girls, old people, and young people
 - d. older adults, very young children, and people with chronic illnesses
8. Refrigerator perishable foods after:
 - a. eight hours
 - b. two hours
 - c. three hours
 - d. four hours

Answer each statement as a safe practice with an S or an unsafe practice with a U.

- S: Use a knife to tighten a screw on a pan handle.
- U: Use any spills immediately.
- S: Use a cutting board when using a knife.
- U: Pour baking soda over the flames of a grease fire.
- S: Turn off the heat source and cover the flame with a lid.
- U: Wait until a wet floor dries before walking on it.
- S: Pour water on a grease fire.
- U: Invite the family dog (or cat) in the kitchen while you are preparing food.
- S: Cover food with a lid or wrap it in foil.
- U: Leave cabinet doors and drawers open in case you need more items.
- S: Wear loose long-sleeved garments to protect your arms while cooking.
- U: Remove lids and plastic wrap carefully from microwave dishes to avoid steam burns.
- S: Use a step stool or ladder to reach something on a high shelf.
- U: Keep pan handles toward the edge of the stove top so they are easy to reach.
- S: Use a plastic applicator with wet hands.
- U: Clean household cleaners in the same cabinets with food.
- S: Use a towel to remove a spill from the stove top.
- U: Sweep up broken glass with a broom or brush immediately and use a damp paper towel to pick up tiny pieces.
- S: Use a cloth or box to touch an item on a high shelf.
- U: Touch the surface and on a stovetop after use to be sure it is turned off.
- S: Use your hand to push your hair away from your face while you are cooking.

FOOD QUIZ

Good-For-You Foods Quiz

Name _____ Date _____

Question 1: Cranberry juice is good for urinary tract infections.

True False

Question 2: Carrots are good for your hearing.

True False

Question 3: Chicken soup fights the congestion that comes with a cold.

True False

Question 4: Garlic and onions kill flu and cold viruses.

True False

Question 5: Fish is good for your brain.

True False

Question 6: Blueberries fight the bacteria that cause ear infections.

True False

Question 7: Bananas are a natural antacid.

True False

Question 8: Ginger root fights nausea caused by motion sickness, and relieves migraine headaches.

True False

Question 9: Spinach is good for your spirits because it contains a lot of calcium.

True False

Question 10: Onions contain a mild natural sedative called quercetin, which can help fight insomnia.

True False

Good-For-You Foods Quiz - Answers

Question 1: Cranberry juice is good for urinary tract infections. The correct answer is True.

Question 2: Carrots are good for your hearing. The correct answer is False.

Question 3: Chicken soup fights the congestion that comes with a cold. The correct answer is True.

Question 4: Garlic and onions kill flu and cold viruses. The correct answer is True.

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Question 10: Onions contain a mild natural sedative called quercetin, which can help fight insomnia. The correct answer is True.

3> Derived from the Greek for "skewer," what food is a Greek shish kabob?

- a. Souvlaki
- b. Gyro
- c. Mousaka
- d. Spanakopita

2> Known as the "liquid salad," gazpacho is a specialty of what Spanish region?

- a. Andalucia
- b. Catalunya
- c. Piedmont
- d. Tuscany

3> What cocktail was not only invented by bartender Ngiam Tong Boon at the Raffles Hotel, but also named for the place where you would find the Raffles Hotel?

- a. Cuba Libre
- b. Black Russian
- c. Singapore Sling
- d. Long Island Iced Tea

4> Taken from the ginkgo tree, Columbus thought this "Jamaica pepper" was actually black pepper. What was it instead?

- a. Turmeric
- b. Cardamom
- c. Allspice
- d. Anise

5> Used in French cuisine, what is remoulade?

- a. A salad of lettuce and raisins
- b. A chilled, flavored mayonnaise
- c. A mustard sauce
- d. Breaded trout and minced mushrooms

6> What smoked Italian sausage is named for the myrtle berries sometimes used to season it?

- a. Mortadella
- b. Salame
- c. Salami
- d. Capicola

7> It used to be what they called one of the thugs hired by the British to maintain "order" in Ireland. Nowadays, it's a drink made of ale and stout. What is it?

- a. Irish Car Bomb
- b. Black Velvet
- c. Red Eye
- d. Baby Guinness

8> A popular variety of asparagus is named for which First Lady?

- a. Martha Washington
- b. Jackie Kennedy
- c. Lynda Bird Johnson
- d. Michelle Obama

9> Also known sometimes as the pastry chef, what does the garde manger do in a classic French kitchen under the brigade system?

- a. Prepare cold foods
- b. Prepare sauces
- c. Wash fruits
- d. Buy ingredients

10> Basmati is Indian rice. Where is jasmine rice from?

- a. Morocco
- b. Thailand
- c. South Korea
- d. Iran

Answers:

1> Souvlaki - This skewered meat-and-veggies dish is what the Arabs called shish kabob, which is French for brochette.

2> Adafusca - Alice B. Toklas described Spaniards making a soup bowl with garlic, oil and salt, then adding sliced cucumbers, tomatoes and layers of croutons.

3> Singapore Sling - He created it in 1915, with gin, cherry brandy, lemon juice, sugar and water.

4> Allspice - Allspice may taste like a blend of cinnamon, cloves, and nutmeg, but it actually comes from the immature berries of the pimento tree.

5> A chilled, flavored mayonnaise - It is often made from capers, gherkins and mustard.

6> Mortadella - This Italian antipasto is lightly smoked meat sausage flavored with parsley.

7> Black and Tan - Drinking it with Guinness would be rather tasteless.

8> Martha Washington - Asparagus officinalis is its scientific name.

9> Prepare cold foods - Many large restaurants are organized around the brigade system, which organized staff into a hierarchy.

10> Thailand - It is also called fragrant rice.

Food quiz questions and answers



Christmas Quiz

General

What is the other name for the Yule log?

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Traditionally, after lighting candles under the mistletoe, what should then happen?

What is the Yule log candle that starts with the letter D?

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