## **MY MEDICATION LOG**

Page	of	_
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(Use Additional Pages as Needed)

Prescription Medications							
Drug Name & Dose	How Often	Reason for Taking	Start Date	Prescribing Doctor			

Over-the-Counter Medications, Including Vitamins, Herbs, Laxatives, Pain Relievers, etc.							
Name & Dose	How Often	Reason for Taking	Start Date	Prescribing Doctor			