

Weight Loss Tracker

Rewards

Pounds Gone

5 LBS

1

2

3

4

5

10 LBS

6

7

8

9

10

15 LBS

11

12

13

14

15

20 LBS

16

17

18

19

20

25 LBS

21

22

23

24

25

30 LBS

26

27

28

29

30

35 LBS

31

32

33

34

35

40 LBS

36

37

38

39

40

45 LBS

41

42

43

44

45

50 LBS

46

47

48

49

50