

Sample Daycare Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Toasted English Muffin Milk	Fresh Fruit Cheese Water	Apple Raisin Square Milk	Banana Berry Shake	Canned Fruit Yogurt Water
Lunch	Orange Chicken Green Beans Brown Rice Milk	Spaghetti & Meat Sauce Milk	Shepherd's Pie roll Milk	Tuna Noodle Casserole Mixed Vegetables Milk	Lentil Soup Roll Milk
Snack	Whole wheat soda crackers Cheese cubes Water	½ Egg Salad Sandwich Milk	Fruit Yogurt Water	Banana Date Muffin Fruit Water	Cold Cereal with Milk