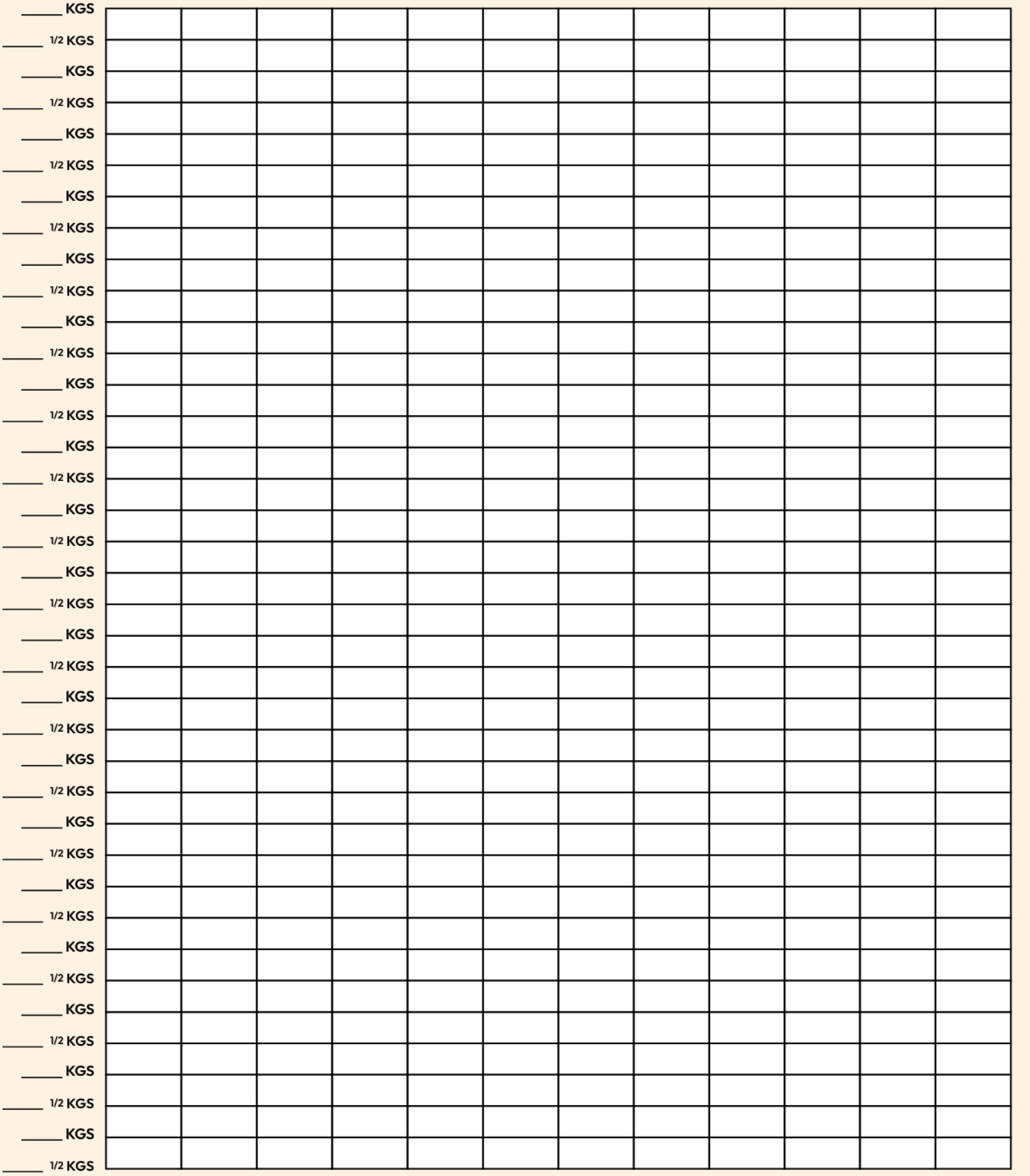
WEIGHT LOSS GRAPH

IN KILOGRAMS (kg)

START DATE:	START WEIGHT:	START BMI:
GOAL DATE:	GOAL WEIGHT:	GOAL BMI: